

PROGRAMS AT A GLANCE



Eating Recovery Center (ERC) and Pathlight Mood & Anxiety Center (Pathlight) provide a full spectrum of behavioral health services through an unmatched national network of multiple locations.



ERC specializes in treating patients struggling with eating disorders including anorexia nervosa, bulimia nervosa, diabulimia, binge eating disorder, avoidant restrictive food intake disorder (ARFID) and co-occurring conditions.



Pathlight specializes in treating patients struggling with mood and anxiety disorders, trauma-related disorders and co-occurring substance use disorders.

ERC and Pathlight provide intensive treatment programs tailored for patients of all ages, ethnicities, gender identities and expressions designed to illuminate their unique path forward and provide them with a foundation for long-lasting mental wellness.

| LOCATION | CONDITIONS TREATED | INPATIENT (IP) | RESIDENTIAL (RES) | PARTIAL HOSPITALIZATION (PHP) | INTENSIVE OUTPATIENT (IOP)* | VIRTUAL IOP |
|------------|---|----------------|-------------------|-------------------------------|-----------------------------|-------------|
| CALIFORNIA | Adult Eating Disorders | | | ● | ● | ● |
| | Child and Adolescent (C&A) Eating Disorders | | | ● | ● | ● |
| COLORADO | Adult Eating Disorders | ● | ● | ● | ● | ● |
| | C&A Eating Disorders | ● | ● | ● | | ● |
| | Adult Mood, Anxiety & Trauma-Related Disorders | | | ● | ● | ● |
| | C&A Mood, Anxiety & Trauma-Related Disorders | | ● | ● | ● | ● |
| ILLINOIS | Adult Eating Disorders | | ● | ● | ● | ● |
| | Adult Binge Eating Disorder (Dedicated Program) | | | ● | ● | ● |
| | C&A Eating Disorders | | ● | ● | ● | ● |
| | Adult Mood, Anxiety & Trauma-Related Disorders | | ● | ● | ● | ● |
| | C&A Mood, Anxiety & Trauma-Related Disorders | | | ● | ● | ● |
| MARYLAND | Adult Eating Disorders | | | ● | ● | ● |
| | C&A Eating Disorders | | | ● | ● | ● |
| | Adult Mood, Anxiety & Trauma-Related Disorders | | | | ● | ● |
| OHIO | Adult Eating Disorders | | | ● | ● | ● |
| | Adolescent Eating Disorders | | | ● | ● | |
| TEXAS | Adult Eating Disorders | ● | ● | ● | ● | ● |
| | Adult Binge Eating Disorder (Dedicated Program) | | | ● | | |
| | C&A Eating Disorders | ● | ● | ● | ● | ● |
| | Adult Mood, Anxiety & Trauma-Related Disorders | | | ● | ● | ● |
| | C&A Mood, Anxiety & Trauma-Related Disorders | | | ● | ● | ● |
| WASHINGTON | Adult Eating Disorders | | ● | ● | ● | ● |
| | C&A Eating Disorders | | ● | ● | ● | ● |
| | Adult Mood, Anxiety & Trauma-Related Disorders | | ● | ● | ● | ● |
| | C&A Mood, Anxiety & Trauma-Related Disorders | | ● | ● | ● | ● |

*On-site IOP currently unavailable during COVID-19.

Please contact us to make a referral or schedule a free consultation with a master's-level clinician.

1-877-825-8584 • Fax: 425-974-1530 • EatingRecovery.com | PathlightBH.com

Most commercial insurance accepted

PROGRAMS AT A GLANCE

CALIFORNIA

Sacramento

- ◊ 3610 American River Dr., Suite 140
 - Adult Eating Disorders (PHP, IOP)
 - Child & Adolescent Eating Disorders (PHP, IOP)

COLORADO

Denver

- ◊ 7900 E. 1st Ave., Suite 200
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
- ◊ 8190 E. 1st Ave., Suite 105
 - Adult Eating Disorders (PHP, IOP)
- ◊ 8199 E 1st Ave.
 - Adult Eating Disorders (IP, RES)
- ◊ 8140 E. 5th Ave.
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (RES)
- ◊ 1830 Franklin St., Suite 500.
 - Child & Adolescent Eating Disorders (IP, RES, PHP)
- ◊ 98 Spruce St.
 - Adult Eating Disorders (IP, RES, PHP)
- ◊ 100 Spruce St., Suite 200
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

ILLINOIS

Chicago

- ◊ 1 E. Erie St., Suite 400
 - Adult Mood, Anxiety & Trauma-Related Disorders (RES)
- ◊ 150 E. Huron St.
 - Adult Eating Disorders (RES, PHP, IOP)
- ◊ 333 N. Michigan Ave., Suite 1900
 - Dedicated Adult Binge Eating Disorder Program (PHP, IOP)
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

Northbrook

- ◊ 4201 Lake Cook Rd., Suite 200
 - Child & Adolescent Eating Disorders (RES, PHP, IOP)

Oak Brook

- ◊ 1010 Jorie Blvd., Suite 200
 - Adult Eating Disorders (PHP, IOP)
 - Child & Adolescent Eating Disorders (PHP, IOP)

(Oak Brook)

- Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP)

MARYLAND

Baltimore

- ◊ 6535 N. Charles St., Suite 300
 - Adult Eating Disorders (PHP, IOP, OP)
 - Child & Adolescent Eating Disorders (PHP, IOP, OP)
 - Adult Mood, Anxiety & Trauma-Related Disorders (IOP)
- ◊ O'Dea Medical Arts Building
7505 Osler Dr., Suite 405
 - Adult Eating Disorders (PHP)
 - Child & Adolescent Eating Disorders (PHP)

OHIO

Cincinnati

- ◊ 3805 Edwards Rd., Suite 400
 - Adult Eating Disorders (PHP, IOP)
 - Adolescent Eating Disorders (PHP, IOP)

TEXAS

Austin

- ◊ 12221 Renfert Way
 - Adult Eating Disorders (PHP, IOP)
 - Child & Adolescent Eating Disorders (PHP, IOP)
- ◊ University of Texas at Austin
100 West Dean Keeton, Student Services Building, 5th floor
 - Adult Eating Disorders (IOP)

Fort Worth

- ◊ 4200 S. Hulen St., Suite 436
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

Houston

- ◊ 7515 S. Main St.
 - Adult Eating Disorders (PHP, IOP)
 - Dedicated Adult Binge Eating Disorder Program (PHP)
 - Child & Adolescent Eating Disorders (PHP, IOP)

Plano

- ◊ 4708 Alliance Blvd., Suite 300
 - Child & Adolescent Eating Disorders (IP, RES)
- ◊ 5120 Legacy Dr.
 - Adult Eating Disorders (IP, RES, PHP, IOP)
 - Child & Adolescent Eating Disorders (IP, RES, PHP, IOP)

Round Rock

- ◊ 1 Chisholm Trail, Suite 5100
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

San Antonio

- ◊ 250 E. Basse Rd., Suite 206
 - Adult Eating Disorders (PHP, IOP)
 - Child & Adolescent Eating Disorders (PHP, IOP)
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

The Woodlands

- ◊ 17350 St. Lukes Way, Suite 220
 - Adult Eating Disorders (PHP, IOP)
 - Child & Adolescent Eating Disorders (PHP, IOP)
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

WASHINGTON

Bellevue

- ◊ 1231 116th Ave. NE, Suite 350
 - Adult Eating Disorders (IOP)
 - Child & Adolescent Eating Disorders (RES, PHP, IOP)
- ◊ 1231 116th Ave. NE, Suite 370
 - Adult Eating Disorders (PHP)
- ◊ 1231 116th Ave. NE, Suite 800
 - Adult Eating Disorders (RES)

Seattle

- ◊ 901 Boren Ave., Suites 900 and 1800
 - Adult Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)
- ◊ First Hill Neighborhood*
 - Adult Mood, Anxiety & Trauma-Related Disorders (RES)
 - Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (RES)

IP - Inpatient Program
RES - Residential Program
PHP - Partial Hospitalization Program
IOP - Intensive Outpatient Program
OP - Outpatient

*Coming Soon

For a list of additional states offering Virtual IOP, visit
EatingRecovery.com/VirtualCare or PathlightBH.com/VirtualCare

Please contact us to make a referral or schedule a free consultation with a master's-level clinician.

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