

AFFIRMING LGBTQ+ RESOURCES FOR YOU AND YOUR CLIENTS

Recover with pride and love all of who you are. At Eating Recovery Center and Pathlight Mood & Anxiety Center, our teams are deeply committed to creating safe, supportive and affirming environments for our LGBTQ+ clients.

FREE RESOURCES, EDUCATION AND EVENTS



Support Groups and More

Information about LGBTQ+ and BIPOC treatment equity and gender-affirming care for eating disorders.

> EatingRecovery.com/Resources/LGBTQ#Resources



Community Support Hub

Connecting clients and patients with the resources they need.

> EatingRecovery.com/Resources/LGBTQ#Faq



Mental Note Podcast

Hope-filled episodes provide inspiration through personal mental health and recovery stories.

Unlocking Radical Authenticity:

> EatingRecovery.com/Radical-Authenticity



Blogs

Connect with meaningful stories and clinical expertise through our library of blogs.

Navigating Eating Disorder Treatment as a Nonbinary Queer Person:

> EatingRecovery.com/Resources/Navigating-Eating-Disorder-Treatment-Nonbinary-Queer-Person-Partnering-LGBTQ

Setting Boundaries for Mental Health:

> EatingRecovery.com/Resources/Setting-Boundaries-Mental-Health



Continuing Education

With our special learning path of LGBTQ+ CE offerings, our hope is that you will join us in making healing spaces more inclusive and accessible for all patients.

> EatingRecovery.com/Resources/LGBTQ#Continuing-Education



Out Loud Pride Summit

A day of education and elevating advocacy for the voices of the LGBTQ+ community, with CE opportunities for professionals coupled with lived experiences for all.

PARTNERS

The work of our community partners has an invaluable and positive impact on the mental health of the LGBTQ+ community. We thank them for their work and are honored to be partnering with them to spread affirming resources including support groups, trainings, education and treatment equity.

