



Programs at a Glance

Eating Recovery Center (ERC) specializes in treating patients struggling with eating disorders, including anorexia nervosa, bulimia nervosa, diabulimia, binge eating disorder, avoidant/restrictive food intake disorder and co-occurring conditions.

Pathlight Mood & Anxiety Center (Pathlight) specializes in treating patients struggling with mood and anxiety disorders, trauma-related disorders and co-occurring substance use disorders.



On-Site Care:

- Inpatient (ERC Only) (IP)
- Residential (Res)
- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)



Virtual Care - Eating Recovery and Pathlight At Home (VIOP)

Locations and Programs

LOCATION	LEVEL OF CARE	ADULT ED	ADULT BED (SEPARATE MILIEU)*	C&A ED	ADULT M&A	C&A M&A
ALABAMA	VIOP	■			■	
ARIZONA	VIOP	■			■	
ARKANSAS	VIOP	■			●	
CALIFORNIA	PHP	●		●	●	
	IOP	●		●	●	
	VIOP	●	●	●	●	
COLORADO	IP	●		●		
	Res	●		●		●
	PHP	●		●	●	●
	IOP	●		●	●	●
	VIOP	●	●	●	●	●
CONNECTICUT	VIOP	■			■	
DELAWARE	VIOP	■			■	
DISTRICT OF COLUMBIA	VIOP	■			■	
FLORIDA	VIOP	●	●	●	■	
GEORGIA	VIOP	■			■	
IDAHO	VIOP	■			■	
ILLINOIS	Res	●		●	●	●
	PHP	●	●	●	●	●
	IOP	●	●	●	●	●
	VIOP	●	●	●	●	●
INDIANA	VIOP	●	●	■	■	
KANSAS	VIOP	■			■	
KENTUCKY	VIOP	■			■	
MAINE	VIOP	■			■	

ED - eating disorders, including binge eating disorder (BED) | **M&A** - mood, anxiety and trauma-related disorders | **C&A** - child and adolescent

***Adult BED (separate milieu)** - patients diagnosed with BED participate in a separate program alongside their peers.

****C&A ARFID (separate milieu)** - patients diagnosed with ARFID participate in a separate program alongside their peers.

● ● - currently offered | ■ ■ - coming soon

Please contact us to make a referral or schedule a free consultation with a master's-level clinician.

1-877-825-8584 • Fax: 425-974-1530 • EatingRecovery.com • PathlightBH.com

LOCATION	LEVEL OF CARE	ADULT ED	ADULT BED (SEPARATE MILIEU)*	C&A ED	ADULT M&A	C&A M&A
MARYLAND	Res	●		●		
	PHP	●		●	●	●
	IOP	●		●	●	●
	VIOP	●	●	●	●	
MICHIGAN	VIOP	●	●	■	■	
MINNESOTA	VIOP	■			■	
MISSISSIPPI	VIOP	■			■	
MISSOURI	VIOP	■			■	
NEBRASKA	VIOP	■			■	
NEVADA	VIOP	■			■	
NEW HAMPSHIRE	VIOP	■			■	
NEW JERSEY	VIOP	■			■	
NEW YORK	VIOP	●	●	■	●	
NORTH CAROLINA	VIOP	●			●	
NORTH DAKOTA	VIOP	■			■	
OHIO	PHP	●		●		
	IOP	●		●	●	
	VIOP	●	●	■	●	
OKLAHOMA	VIOP	■			■	
OREGON	VIOP	●			■	
PENNSYLVANIA	VIOP	●		●	●	
RHODE ISLAND	VIOP	■			■	
SOUTH CAROLINA	VIOP	●	●	■	●	
SOUTH DAKOTA	VIOP	■			■	
TENNESSEE	VIOP	■			■	
TEXAS	IP	●		●		
	Res	●		●		
	PHP	●		●	●	●
	IOP	●		●	●	●
	VIOP	●	●	●	●	●
UTAH	VIOP	■			■	
VERMONT	VIOP	■			■	
VIRGINIA	VIOP	●	●	■	●	
WASHINGTON	Res	●		●	●	●
	PHP	●		●	●	●
	IOP	●		●	●	●
	VIOP	●	●	●	●	●
WEST VIRGINIA	VIOP	■			■	
WISCONSIN	VIOP	●	●	●	■	
WYOMING	VIOP	■			■	

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